

## **PATIENT INFORMATION – INSTRUCTIONS AFTER ANAESTHETIC TO THE EYE**

You may find that your eye will be sore for several days. You can take normal painkillers to help reduce the pain. If you are taking other medicines please ask for advice before you leave the Accident and Emergency Department.

### **Eye Pad**

You may have been given a double eye pad to wear which will help you feel more comfortable. You should wear the eye pad until the next dose of any prescribed eye ointment (every 4 - 6 hours).

You should not drive whilst wearing an eye pad or if your vision is affected. Your motor insurance will not be valid in the event of an accident.

### **Applying your prescribed ointment**

- Wash your hands
- Pull your lower eyelid down and starting at the point nearest your nose, squeeze the ointment whilst moving outward towards your ear. It may be easier if someone else does this for you
- Continue applying the ointment as directed by the Accident and Emergency Department.

### **If your symptoms persist**

If symptoms persist for longer than 48 hours, please contact your own GP. You may return to the Accident and Emergency Department if you wish.

**Please remember not to rub your eye**

## INSTRUCTIONS AFTER ANAESTHETIC TO THE EYE CONT.



If you become unwell or are injured, choose the right NHS service to make sure you get the best treatment. The Choose Well campaign explains what each NHS service does, and when it should be used.

Choosing well means that you and your family will get the best treatment. It also allows busy NHS services to help the people who need them most.

If you are unsure about which option to choose, please call NHS Direct Wales on 0845 46 47 or visit the choose well website at [www.choosewellwales.org.uk](http://www.choosewellwales.org.uk)

This information has been produced based on previous information leaflets and the evidence available at the time of publication. It has been clinically reviewed however if you notice anything that needs updating or amending please contact [ppi.team@wales.nhs.uk](mailto:ppi.team@wales.nhs.uk)

If you require this information in another language or format please ask a member of staff.

For further advice or information contact NHS Direct Wales 0845 46 47  
[www.nhsdirect.wales.nhs.uk](http://www.nhsdirect.wales.nhs.uk)