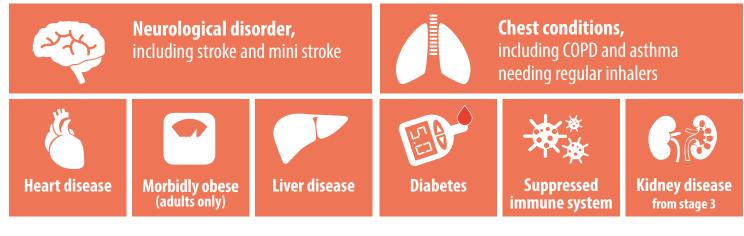
Flu can be serious!

You should have a flu vaccine if you are aged 6 months and over and have...



It's also very important for people who are...



Adults can have their flu vaccine at their GP surgery or local pharmacy.

The flu vaccine for children is sprayed up the nose...



Children of other ages in risk groups can have their flu vaccine in their GP surgery.

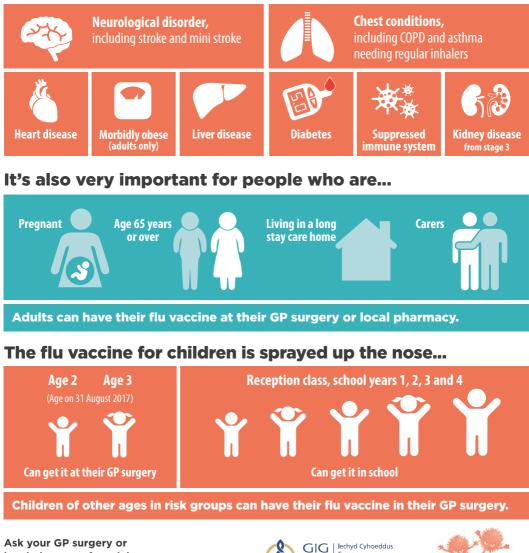
Ask your GP surgery or local pharmacy for advice or call NHS Direct Wales on 0845 46 47





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