



Ymddiriedolaeth GIG  
Gwasanaethau Ambiwylans Cymru  
Welsh Ambulance Services  
NHS Trust



# Information about me

My Photo  
or My Name

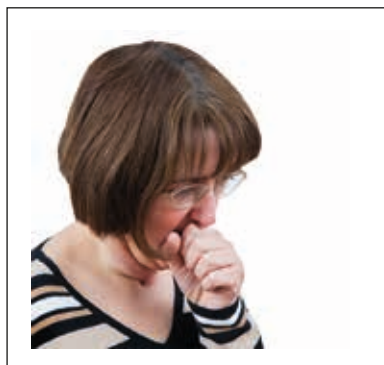


My name is \_\_\_\_\_

I like to be called \_\_\_\_\_

My date of birth is \_\_\_\_\_

Hospital Passport Yes/No



### **My illnesses/health problems**

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### **My tablets/medicines and where I keep them**

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### **My allergies**

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**Always keep all this information up to date**



## How to communicate with me

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## Things I like

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## What worries me most

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## Contact any of these people by phone or text

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## Other things about me

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## Getting your Experience & Feedback



Telling us about your experiences and stories is so important.

We really want people to be at the heart of everything we do. We want to make sure that people get the best care and support they can.



Your stories can make a difference to what we do and can help make other people's experiences better.

If you would like to give feedback about the Welsh Ambulance Service you can:



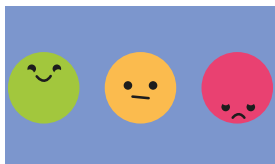
Telephone 01792 311773



Email at [PECI.team@wales.nhs.uk](mailto:PECI.team@wales.nhs.uk)



Or you can visit the 'Have Your Say' section on our website at [www.ambulance.wales.nhs.uk](http://www.ambulance.wales.nhs.uk)



How was your experience with us?

**If anything changes please get a new sheet.  
You can telephone 01792 776252 ext.45400 or  
email [PECI.team@wales.nhs.uk](mailto:PECI.team@wales.nhs.uk)**