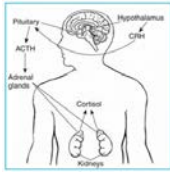


I HAVE ADDISON'S DISEASE WHICH IS A CONDITION THAT AFFECTS MY HORMONES.



Hormones are chemicals in my body that can effect my health



and my mood



If my hormones are unbalanced



I may start to feel unwell

I might be more tired



I might get a headache

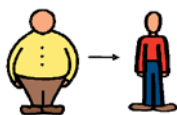


I might lose my appetite



and some

weight



I need the right balance of hormones to keep me well



That's why I take my tablets



Sometimes if I am sick



and have a temperature

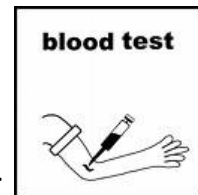


or I have a tooth out at the dentist

a little of my hormones maybe  missing



I will need to see my GP

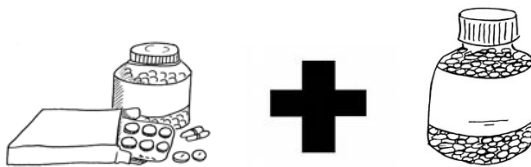


Who will check my hormone levels with a blood test

If my hormones are not balanced



I may need extra tablets



for a

while

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

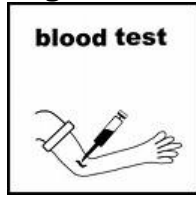
Till my hormones are back to the right amount



I may need to go back to my GP

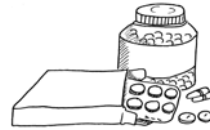


for another



blood check

Then hopefully I won't need the extra tablets



and I should feel better!



Keep well



eat well



and stay active!

