

Before the Operation



- Stop smoking to help your breathing



- If you are too heavy try to lose some weight
- This can make the medicine safer for you



- If you have any loose teeth you should go to the dentist to get them fixed



- You might need to see your normal doctor for a check – up if you have asthma, diabetes, epilepsy, high blood pressure or thyroid problems

Operation Day



- No eating



- Take the tablets you are told to take



- If you do not feel well, tell someone



- The special doctor will ask you some questions
- And tell you about your operation

- Tell the doctor if you have an allergic reaction to anything
- Tell the doctor all the medicine you are using

When you are asked to come for your operation:

- Someone can wait with you until you get the anaesthetic for the operation



- Take off nail varnish and make up



- Take off jewellery



- You may have to take off glasses, false teeth and hearing aids



- Before you are given any medicine the nurse will check your hospital bracelet and ask your name

