

Chlamydia

Information for women



What is Chlamydia?

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| An illustration of a man and a woman in bed. A thought bubble above them shows a condom with a red 'X' over it, indicating unprotected sex. | <p>Chlamydia is an infection which one person can give to another through unprotected sex</p> |
| A diagram showing the male and female reproductive systems. A pink line connects the urethra of the man to the urethra of the woman, illustrating the transmission of the infection. | <p>Men and women can get Chlamydia</p> |
| A gold-colored condom wrapper with the brand name 'DUREX' and other symbols. | <p>Unprotected sex is when the man does not wear a condom</p> |
| A man in a blue checkered shirt looking through a magnifying glass, symbolizing something that is hard to see. | <p>Chlamydia is hard to see. Some people do not show any signs</p> |
| A woman in a light blue t-shirt holding her stomach with one hand, indicating pain. A cartoon illustration of a woman sitting on a toilet with a bidet, looking uncomfortable, representing pain during sex or peeing. | <p>Some people with Chlamydia have pain in their tummy below the tummy button</p> <p>or</p> <p>Pain when peeing or having sex</p> <p>or</p> <p>Bleeding after sex or in between periods</p> |



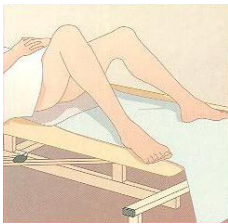
How do I know if I have Chlamydia?

To find out if you have Chlamydia you need to take a swab from the lower vagina. A cotton wool bud is used to wipe the area.



1. Make sure that you have filled in the form - you may need help to do this

2. Peel off one of the numbered stickers and stick it to the container

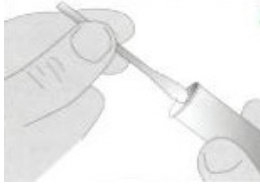


3. Get into a comfortable position as if you were going to insert a tampon

4. Take out the cotton wool bud

5. Softly push the cotton wool bud a little way inside your vagina

6. Turn the swab round inside you for a few seconds



7. Carefully take out the cotton wool bud - make sure it does not touch anything
8. Put the cotton wool bud into the container and put the lid on tightly
9. Put the container into the plastic bag and seal
10. Give the completed test to your nurse or health worker



What happens if I have Chlamydia?



If the test finds Chlamydia you will need antibiotics

Take **all** of the tablets that you are given



It is important that we know who else you have had sex with

They may need our help as well



Using condoms every time you have sex can stop you getting Chlamydia

Using condoms will help stop lots of other nasty diseases too