

Things to remember

- Use a condom with the European CE mark
- Check the 'use by' date on the condom
- Use a new condom every time you have sex
- Do not use lotions like Vaseline or suntan oil
- Keep condoms in a cool dry place
- Condoms cost money from chemists and supermarkets
- Condoms do not cost money from sexual health clinics



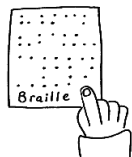
Male Condom



This leaflet provides some information about condoms but you should speak to a person trained in sexual health advice before deciding if this is right for you.



This leaflet is available in other languages or formats



This leaflet was developed by the sexual health service at Wirral PCT and Western Cheshire PCT.

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NHS

Western Cheshire
Your partner for longer healthier lives

NHS
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Information about the Male Condom



Male Condom



Note for staff/carers:

The information in this leaflet should be discussed with the service user by a health professional trained in providing sexual health information

What is the male condom?



The condom is a thin rubber or plastic cover which you put over your penis before you have sex.

You use the condom when your penis is hard.

Where can I get the condom from?

There are different places where you can get the condom.

- Free from a sexual health clinic

This is also known as a family planning clinic.

- From a chemist or supermarket

You will need to pay for the condoms.

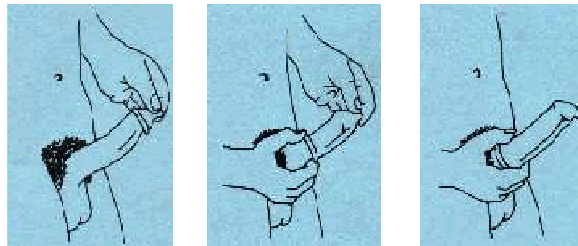


How to use the condom?

Take the condom carefully out of the packet. Leave the condom rolled up and squeeze the top with your finger and thumb.



Gently unroll the condom over your hard penis.



After you have had sex make sure that you

hold onto the condom as you take your penis out.

Wrap the condom in toilet or tissue paper and put in the bin.



What is good about the condom?

Condoms come in different shapes and sizes.

You only need to use a condom when you are having sex.

Condoms can protect you from getting sexually transmitted infections if you use them in the correct way.

Male Condom



Condoms can be bought in many shops.



If you use a condom when you have sex this will help to stop your partner getting pregnant and having a baby.

If you are allergic to latex you can get special condoms



What is not good about the condom?

Condoms can split or come off when you are having sex.

You and your partner will need to contact your sexual health clinic for advice and ask for emergency contraception.

You need to pull out of your partner's vagina straight after having sex and before your penis becomes soft.