

# Total Hip Replacement

## The Journey



You might feel dizzy or sleepy



Your leg will be supported to keep it straight



Your leg will be sore so ask for pain killers



- You will be allowed to sit up in bed
- Stay in bed for 1 day





Why do I need a new hip?

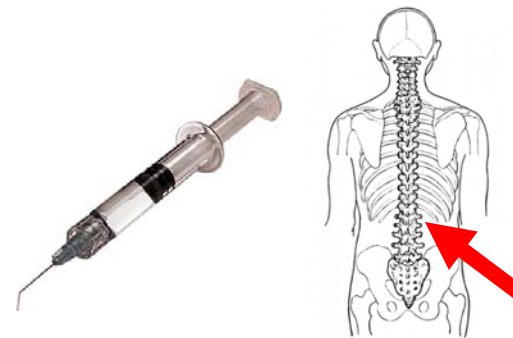
## The Operation



No food or drink  
before the  
operation



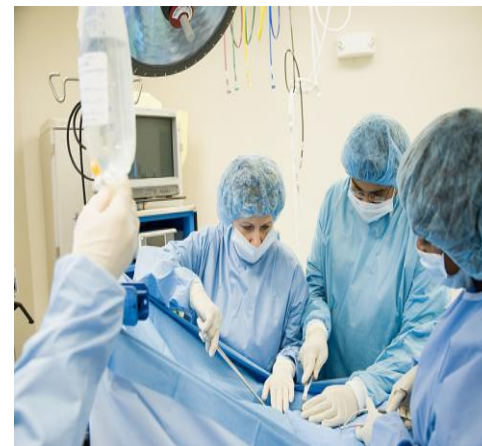
Pain that makes  
walking hard



You will have a  
jab in the back so  
you do not feel  
the operation



Pain that stops you  
sleeping



A screen will be  
put up so you  
don't see the  
operation

# The Hospital



You will go to the Victoria Hospital in Kirkcaldy.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

You will have to stay 3 – 7 days

You might have to stay the night before the operation

You might have to stop some tablets



What will my new hip look like?

Sore hip



New hip



# Assessment Clinic

It will take 3 – 4 hours



You will meet lots of people



Each person will ask you questions



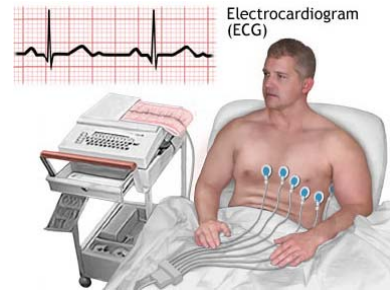
You might need.....



A blood test



An x - ray



A heart test



A check up