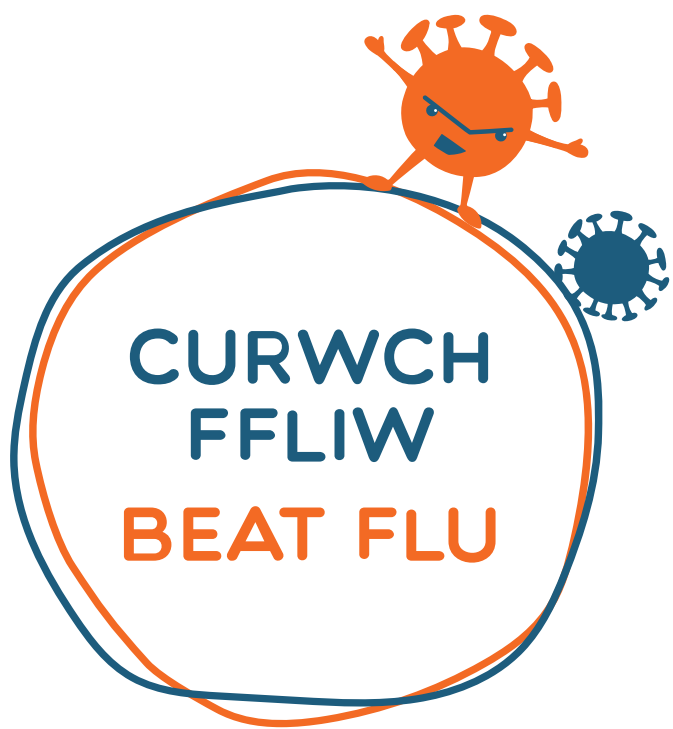




CURWCH FFLIW

Gall y ffliw fod yn
ddifrifol iawn.

Amddiffynnwch eich
plentyn dwy* neu dair oed
gyda brechlyn syml ar ffurf
chwistrellodd trwynol.

*Oed ar 31 Awst 2020

Siaradwch i eich ymwelydd
iechyd, feddyg teulu neu
nyrs meddygfa am fwy o
wybodaeth

www.curwchffliw.org

BEAT FLU

Flu can be very serious.

Protect your two* or three year
old with a simple nasal spray
flu vaccine.

*Age on 31 August 2020

Talk to your health visitor,
GP or practice nurse for
more information

www.beatflu.org



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

