

PREGNANT?

PROTECT YOUR UNBORN BABY FROM WHOOPING COUGH





Whooping cough can be very serious, and babies under three months of age are at greatest risk.

Eighteen babies died from whooping cough in the UK between 2013 and 2017.

If you are pregnant, you can **protect** your baby by having a whooping cough vaccination.

The vaccine used is a combined diphtheria, tetanus, pertussis and polio vaccine.

-  **The vaccine is free, safe and works very well.**
-  **The best time to have this is when you are between 16 and 32 weeks pregnant.**

Your baby will still need their routine vaccinations at **two months old**.

Talk to your midwife or GP surgery and make an appointment to book your vaccine.

You can get more information from
<https://www.nhsdirect.wales.nhs.uk/livewell/vaccinations/Whoopingcoughpreg/>



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ISBN: 978-1-78986-138-9
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