

FLU CAN KILL




PROTECT YOURSELF AND OTHERS

Flu spreads easily.

Annual vaccination is the best way
to protect against catching or spreading it.

Having your flu vaccine not only protects you from catching
flu, it also protects you from spreading it to people around
you who may be vulnerable to flu and its complications.

This includes:

-  **Your patients**
-  **Your colleagues**
-  **Your family**

Contact your occupational health department or employer to
find out about the easiest way to get your flu vaccine.

Don't miss out!

For more information visit **www.beatflu.org**



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