

Duray xun,

Daroogaysan

ama

Dhimir?

Iska ilaali saaxiibkaa

Waxaa laga yaabaa inaad qaadatay tallaalka MenC difaacaya dhimirka nooca C (meningitis C) laakiin waxaa jira bakteeriya kale oo keenta dhimirka iyo septicaemia. Waxay ku faafaan qaab **qufaca**, **hindhisada** ama taabasho toos ah sida **dhunkasho**.

Dilaacid cudurka ah ayaa ka dhici karta goobaha dadku ka shaqeeyaan ama ku nool yihiin kooxo ahaan.

Arrinta ugu muhiimsan ee ah in la ogaado waa in **cudurka dhimirka iyo septicaemia ay si dhaqso ah u fidi karaan**, mararka qaar saacado gudahood.

Dhibaataada ugu wayn, hase yeeshee, waxaa weeye in calaamadaha soo muuqda ugu horayn ay yar yihiin ayna u eg yihiin kuwa aad qaado marka uu kugu dhaco duray xun ama daroogaysnaan, tusaale ahaan:

- **mantag;**
- **xumad dareemid;**
- **xanuun dhabarka ama laabatooyinka;**
- **madax xanuun;**
- **qoor jab.**

Laakiin haddii mid ka mid ah calaamadahan uu muuqdo:

- **doonid la'aan daran ama iftiin;**
- **jaah-wareer;**
- **finan yaryar ama goobooyin aan ku dilaacayn cadaadis; ama**
- **suuxsanaan.**

raadso daawayn si degdeg ah – si deg deg ah oo aad isu daawayso waxay badbaadinaysaa naftaada

Haddii aad iska ilaaliso saaxiibadaa, oo aadan ka cabsan inaad waydiiso sida ay xaaladoodu tahay, waxaad badbaadinaysaa noloshooda.

Macluumaad-sidahan waxaa sidoo kale laga helayaa bogga internet-ka ee www.wales.gov.uk/immunisation ama www.cymru.gov.uk/imiwneiddio ee luuqadaha soo socda:

Arabic, Bengali, Bulgarian, Chinese, Czech, Farsi, French, Gujarati, Hindi, Kurdish (Sorani), Lingala, Polish, Portuguese, Punjabi, Russian, English, Spanish, Swahili, Tagalog, Urdu, Vietnamese.