



GIG
CYMRU
NHS
WALES

Y FRECH GOCH

Peidiwch â gadael i'ch plentyn ei dal

MEASLES

Don't let your child catch it

Mae mwy a mwy o blant yn dal y frech goch.

I'w hamddiffyn yn llawn, mae angen iddyn nhw gael dau ddos o'r brechlyn MMR.

Dyw hi byth yn rhy hwyr i gael y brechiad.

The number of children catching measles is rising.

To be fully protected they need to have two doses of the MMR vaccine.

It's never too late to be vaccinated.