

Books to Help Children & Families

Child and Family Bibliotherapy Scheme

Booklist 2007



Llywodraeth Cynulliad Cymru
Welsh Assembly Government

ISSUE ADDRESSED	TITLE	AUTHOR	AGE RANGE	KEYWORDS	PRICE (RRP)	ISBN
Anger	1 Taming the Dragon in your Child	Meg Eastman/Sydney Rozen	1-16+	anger, promoting relationships	13.99	471176923
	2 The Explosive Child	Ross W. Greene PhD	5-16	anger and impulse control	7.99	006077939X
Behaviours	3 The House of Tiny Tearaways (*)	Dr Tanya Byron	1-7	parenting, specific behaviours	12.99	563520361
	4 New Toddler Taming (*)	Dr Christopher Greene	0-4	parenting, specific behaviours	12.99	91875285
	5 Raising Happy Children	Jan Parker/Jan Stimpson	0-11	parenting, specific behaviours	15.99	340734647
	6 The Parenting Puzzle (*)	Candida Hunt	3-12+	parenting, promoting relationships	14.99	954470907
Bereavement	7 Helping Children Overcome the Loss of a Loved One (*)	William C Kroen PhD	3-16+	bereavement	8.99	1575420007
	8 Finding a Way Through when Someone Close has Died (*)	Pat Mood/Lesley Whittaker	6-16+	a workbook for families	8.95	1853029203
Bullying	9 Bullying - A Parents Guide (*)	Jennifer Thomson	5-16+	bullying and information sharing	8.99	1861440448
	10 How to Handle Bullies, Teasers and other Meanies (*)	Kate Cohen Posey	8-14+	coping strategies for children	5.99	1568250290
Confidence and Self Esteem	11 Self Esteem for Girls (*)	Elizabeth Hartley Brewer	3-16+	self esteem (top tips)	6.99	91855861
	12 Self Esteem for Boys (*)	Elizabeth Hartley Brewer	3-16+	self esteem (top tips)	6.99	009185587X
Self Esteem	13 Confident Children	Gael Lindenfield	0-16+	promoting resilience	9.99	722539568
Development	14 The Social Baby	Lynne Murray/Liz Andrews	prebirth-1	promoting relationships	12.99	1903275423
	15 Ages and Stages	Charles Schaefer	0-10	development	11.50	471370878

(*) Easy to read



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Divorce	16 Children, Feelings and Divorce.	Heather Smith	3-16+	divorce and separation	16.95	1853434345
New Parents	17 The Rough Guide to Pregnancy and Birth (*)	Kaz Cooke	prebirth-newborn pregnancy		9.99	1858287650
	18 The Expectant Father	Betty Parsons	prebirth-newborn pregnancy, birth, relationships		3.99	716020173
	19 The Fat Ladies Club	Hilary Gardener	prebirth-newborn pregnancy, birth (narrative)		6.99	141017015
	20 Secrets of the Baby Whisperer	Tracy Hogg	prebirth-one	post natal issues, babies	10.99	91857023
Potty Training	21 Successful Potty Training (*)	Heather Welford	up to 5	potty training	6.99	7136064
Sadness	22 So Young, so Sad, so Listen (*)	Philip Graham/Carol Hughes	5-16+	sadness and information sharing	7.50	1904671233
Sibling Rivalry	23 Siblings without Rivalry	Adele Faber/Elaine Mazlish	5-16+	promoting relationships	9.99	1853406309
	24 Raising Happy Brothers and Sisters	Jan Parker/Jan Stimpson	0-16+	relationships, specific behaviours	8.99	340834757
Sleep	25 The Sleep Book for Tired Parents (*)	Rebecca Huntley	0-6	sleep	8.99	285637037
	26 Solving Children's Sleep Problems	Lyn Quine	0-18	sleep	12.99	1901292010
Step Families	27 Cinderella Revisited	Peter Marshall	0-16	stepfamilies, resolving difficulties	7.99	1854331418
Teenagers	28 How to Talk so Teens will Listen and Listen so Teens will Talk	Adele Faber/Elaine Mazlish	12+	parenting teenagers	13.75	60741252
	29 Understanding 12-14 year olds (*)	Margot Waddell	12-14	teenage development	8.95	1843103672
Worries & Fears	30 Helping your Anxious Child	Dr David Lewis	3-16+	worry and coping strategies	8.99	91884330
	31 Huge Bag of Worries (*)	Virginia Ironside	whole family	story book about worrying for children and their families	5.99	340903171

(*) Easy to read

